



Health & Hygiene Club Activity

SALAD MAKING

Class: VI to VIII

Circular No: BBPS/GAR/PC/451/2022-23

21st June 2022

Dear Students

Health & Hygiene club is going to conduct the activity '**Salad Making**' on 4th July 2022 to inculcate healthy food habits.

Rules:

- Use the ingredients innovatively.
- Salad shall be prepared to fill up a regular sized bowl.
- A detailed recipe of the preparation and Nutritional chart shall be shown beside the dish.
- Apron, cap and gloves to be used

Judgment Criteria:

- Nutritional Value
- Taste
- Hygiene in preparation
- Presentation on table

Note:

- The decision of judges will be final.
- Participation of all the students is mandatory.

Regards

Coordinator: Mr. K. Arunkumar (7206211674)