



Bal Bharati
PUBLIC SCHOOL
Gadarwara

ABHIVYAKTI

AN INTERSCHOOL COMPETITION

2023-24

Email: bbpsgw@balbharati.org
Website : bbpsgadarwara.balbharati.org

Principal Message

Dear Ma'am/Sir,

Greetings from BBPS Gadarwara!

"The expert in anything was once a beginner." - Helen Hayes



I am thrilled to announce that our school is gearing up for yet another edition of 'Abhivyakti 2023'. Once again, we have come up with the wide variety of competitions to participate. Apart from wide range of fun filled activities, keeping the trends in consideration we have developed a few activities based on G20 and SDG where our students will have the opportunity to showcase their talents, sportsmanship, and teamwork on a broader platform. This event not only encourages healthy competition but also fosters camaraderie among schools.

The competition will span across various disciplines, including academic, sports, arts, and cultural activities.

I encourage all students at your school to actively participate and make the most of this enriching experience. As we know, it's not just about winning; it's about pushing the boundaries, learning from the experience, and representing the school with pride and respect.

Let's approach this competition with a positive spirit, fair play, and a determination to give our best. May this event be a memorable and rewarding experience for everyone involved.

Wishing our participants, the very best of luck!

Warm regards,

Geeta Bhardwaj

Principal BBPS, NTPC Gadarwara

GENERAL INSTRUCTIONS

1. All the events are online(through submission).
2. Kindly adhere to the instructions about the formats of online registrations and submissions for the events.
3. It is mandatory to register for the events by filling up the common Google form for all the events. The link for the same is provided below:
For Registration: <https://forms.gle/yFuvaK4ZYbxxv7kJ6>
4. Please note that only one entry is allowed per event for each school.
5. **The file for the submission should be renamed in the following format('Name of the School_Event Name_Student Name_Class')**
6. Please ensure that the quality of images, audio, and videos in all respective events should be of good quality, clarity, and high resolution to aid the judgement process.
7. The details for online submission are provided with the online event description.
8. For any queries related to the events, contact the respective teacher coordinator between 3.00 pm to 4.00 pm only.
9. All the participants will be awarded e-certificates.
10. The decision of the judges will be final and irrevocable.
11. All participants must abide by the activity-specific rules with respect to time allotted, software permitted, theme suggested, etc.
12. The result will be uploaded on the school's website:
<https://bbpsgadarwara.balbharati.org>

EVENT DETAILS

S.NO.	EVENT NAME	Class Category	SUBMISSION LINK
1	GRAPHIC-O- ANIMAL	PS & PP	https://forms.gle/MWCH1PoUkYkfUFq96
2	YOGA HUMSE HI HOGA	PS & PP	https://forms.gle/6ddXRSA6CnRtVqrr9
3	BE EARTH FRIENDLY	I - II	https://forms.gle/Eoo9ttD5CiKjURcx7
4	EXPRESSIVE PLATES	I - II	https://forms.gle/RPP4HCdos1awNdga8
5	BARSO-RE MEGHA MEGHA	III - V	https://forms.gle/GU7w1hZ4KtUJ7Hjz5
6	MINDFUL ART	III-V	https://forms.gle/VAEKX5ZDXVGRvEQB9
7	VASUDEVA KUTUMBAKAM	VI - VIII	https://forms.gle/AR98EU2yx84LThcs6
8	KALAM-YE-SUFI	VI - VIII	https://forms.gle/Zra88uTLZnn4Ufw66
9	AD-MAD SHOW	IX - X	https://forms.gle/XjWnkg9sDEJmwe297
10	VERSIFICATION	IX- X	https://forms.gle/kBsQtJmYSJ87A1Bm6
11	NATURE'S ARTIST	XI - XII	https://forms.gle/DEzy4xHP8eSauTh9A
12	EDUTECH	XI - XII	https://forms.gle/BYEeV3aj71NExYXB8

Last Date of Registration :

[26th August 2023](#)

REGISTRATION LINK

<https://forms.gle/yFuvaK4ZYbxxv7kj6>

Last Date of Submission of Entries:

[6th September 2023](#)

Date of Result Declaration:

[10th September 2023](#)

GRAPHIC-O- ANIMAL

THEME - DRAW ANIMALS USING NUMBERS

CLASS - PS & PP

NUMBER OF PARTICIPATION - 1

MODE OF EVENT - ONLINE SUBMISSION

IMAGE SIZE - MAXIMUM 2MB

RULES & REGULATIONS

1. Draw any two animal by using numbers and the art work should be original.
2. No Google drawings or digital art work is allowed.
3. Only hardcopy and drawn/ Hand Painted Art work is accepted.
4. Send 2 photos in Jpg format and the video in time lapse. Image size cannot exceed 2mb.
5. Participants need to submit the Google drive link of the one picture through Google Form.
6. Only one entry will be accepted per school.

JUDGEMENT CRITERIA

- Originality
- Creativity
- Overall Presentation

EVENT IN CHARGE

Ms. Ayushi Chandwani/Mr. K. Arunkumar

ayushi.chandwani@gw.balbharati.org/karun.kumar@gw.balbharati.org

09301798969/7206211674

YOGA HUMSE HI HOGA

THEME - ANIMAL YOGA

CLASS - PS & PP

NUMBER OF PARTICIPANTS- 02

DURATION- 3 MIN

MODE OF EVENT - ONLINE SUBMISSION

SOFTWARE REQUIRED: ANY MOVIE MAKING SOFTWARE

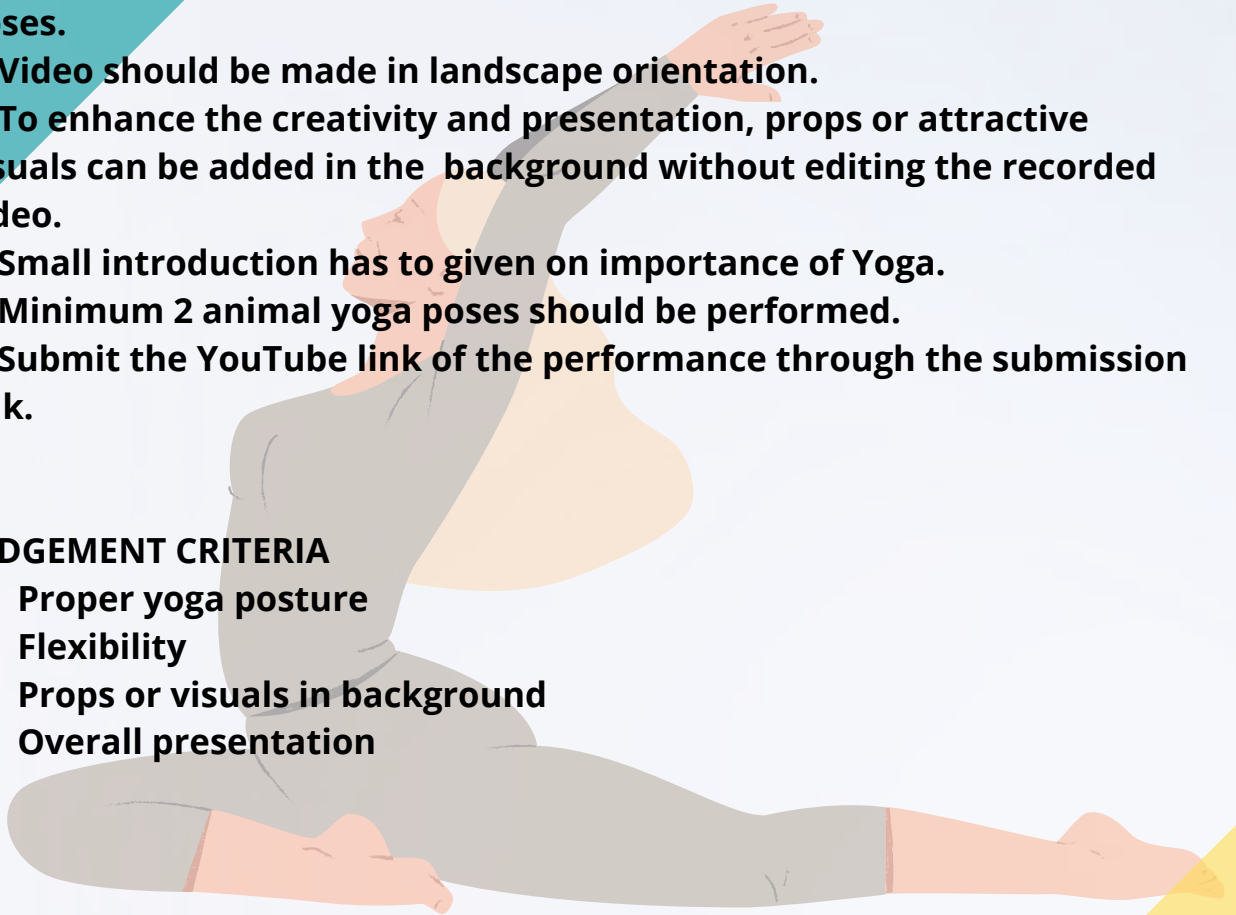
DRESS CODE: YOGA COSTUME

RULES & REGULATION

1. Participants have to make a video presentation of the animal yoga poses.
2. Video should be made in landscape orientation.
3. To enhance the creativity and presentation, props or attractive visuals can be added in the background without editing the recorded video.
4. Small introduction has to given on importance of Yoga.
5. Minimum 2 animal yoga poses should be performed.
6. Submit the YouTube link of the performance through the submission link.

JUDGEMENT CRITERIA

- Proper yoga posture
- Flexibility
- Props or visuals in background
- Overall presentation



EVENT IN CHARGE

Ms. Divya P/Ms. Vaishali Tandon

divya.p@gw.balbharati.org/vaishali.tandon@gw.balbharati.org

07987893599/08209410499

BE EARTH FRIENDLY

THEME - ECO FRIENDLY TOYS UNDER RRR (REDUCE, REUSE, RECYCLE)

CLASS- I & II

NUMBER OF PARTICIPANTS - 1

MODE OF EVENT - ONLINE SUBMISSION(YouTube link)

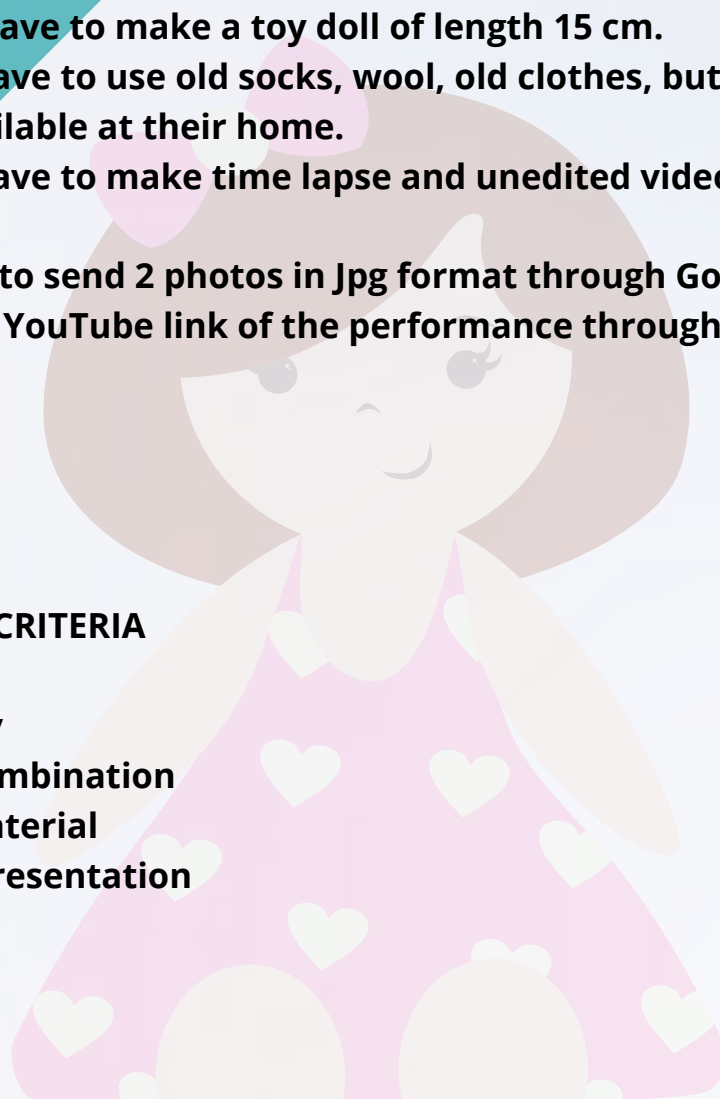
TIME DURATION: 2.5 Min

RULES & REGULATION

- 1. Students have to make a toy doll of length 15 cm.**
- 2. Students have to use old socks, wool, old clothes, buttons any other material available at their home.**
- 3. Students have to make time lapse and unedited video of the making of the toy.**
- 4. They have to send 2 photos in Jpg format through Google Drive link.**
- 5. Submit the YouTube link of the performance through the submission link.**

JUDGEMENT CRITERIA

- Creativity**
- Colour combination**
- Use of material**
- Overall Presentation**



EVENT IN CHARGE:

MS AKANKSHA TRIPATHI

akanksha.tripathi@gw.balbharati.org

07000572682

EXPRESSIVE PLATES

THEME - HEALTHY FOOD

CLASS- I & II

NUMBER OF PARTICIPANTS - 1

MODE OF EVENT - ONLINE SUBMISSION

TIME DURATION: 2 TO 3 MINS

RULES & REGULATION

1. Students have to make 5 facial expression using healthy food items.
2. They can use biscuit, chapati or bread as a base.
3. Students have to make the video of the process in time lapse.
4. Video should not be edited .
5. Submit the YouTube link of the performance through the submission link.

JUDGEMENT CRITERIA

- Facial Expression
- Creativity
- Colour combination
- Use of food items
- Overall Presentation

EVENT IN CHARGE:
KUMARI DIPTI RANI
dipti.rani@gw.balbharati.org
07869696405

BARSO-RE MEGHA MEGHA

THEME - RAIN DANCE

CLASS- III - V

NUMBER OF PARTICIPANTS - 3

MODE OF EVENT - ONLINE SUBMISSION

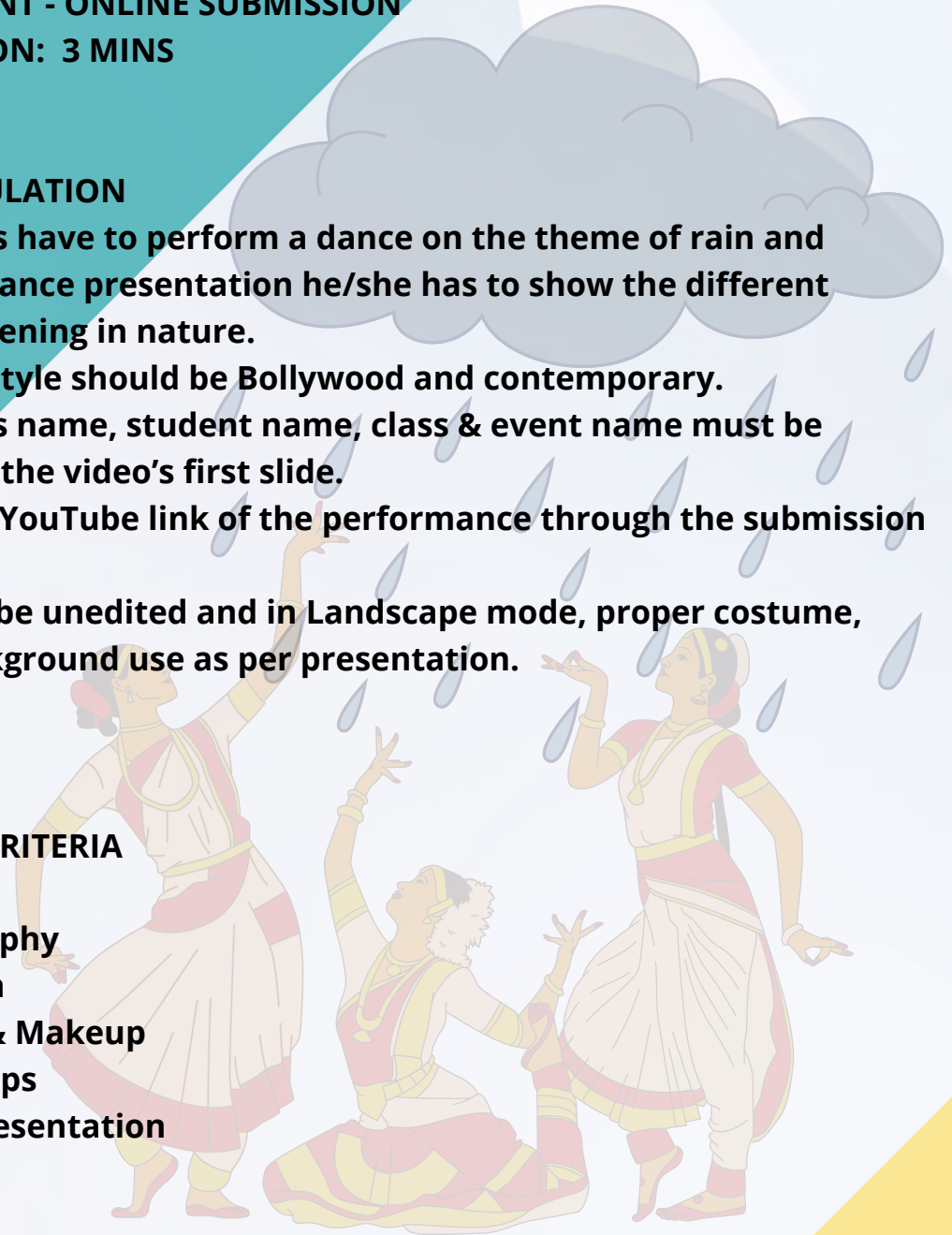
TIME DURATION: 3 MINS

RULES & REGULATION

1. Participants have to perform a dance on the theme of rain and through the dance presentation he/she has to show the different changes happening in nature.
2. The dance style should be Bollywood and contemporary.
3. The school's name, student name, class & event name must be mentioned in the video's first slide.
4. Submit the YouTube link of the performance through the submission link.
5. Video must be unedited and in Landscape mode, proper costume, makeup, Background use as per presentation.

JUDGEMENT CRITERIA

- Choreography
- Expression
- Costume & Makeup
- Use Of Props
- Overall Presentation



EVENT IN CHARGE

MR. SATYAJIT DEBNATH

satyajit.debnath@gw.balbharati.org

06267513364

MINDFUL ART

THEME - MANDALA ART

CLASS- III-V

NUMBER OF PARTICIPANTS - 1

MEDIUM : ACRYLIC COLOUR

TIME DURATION: 3-4 MINUTES WITH TIME LAPSE

MODE OF EVENT - ONLINE SUBMISSION

RULES & REGULATION

- 1.Student has to make mandala art for bandhanwar.
- 2.Student can use any colour.
- 3.Student can use any material available at their home to make their work presentable.
- 4.Send 2 photos in Jpg format and the video in time lapse.
5. Submit the YouTube link and two picture through submission link.

JUDGEMENT CRITERIA

- Design
- Originality
- Creativity
- Overall Presentation

EVENT IN CHARGE

MS DHANESHWARI TAMRAKAR

ghaneshwari.tamrakar@gw.balbharati.org

08668026487

VASUDEVA KUTUMBAKAM

THEME - One World One Family

CLASS- VI-VIII

NUMBER OF PARTICIPANTS - 02

MODE OF EVENT - ONLINE SUBMISSION

TIME DURATION: 3-4mins

RULES & REGULATION

1. Participant have to perform a duet dance on the theme of One World One Family and through the dance presentation they have to show we all are family.
2. The dance style should be fusion.
3. The school's name, student name, class & event name must be mentioned in the video's first slide.
4. Submit the YouTube link of the performance through the submission link.
5. Video must be unedited and in Landscape mode, proper costume, makeup, Background use as per presentation.

JUDGEMENT CRITERIA

- Choreography
- Expression
- Costume & Makeup
- Theme relevant
- Overall Presentation

EVENT IN CHARGE

MR. SATYAJIT DEBNATH

satyajit.debnath@gw.balbharati.org

06267513364

KALAM-YE-SUFI

THEME - SUFI SONG

CLASS- VI-VIII

NUMBER OF PARTICIPANTS - 01

MODE OF EVENT - ONLINE SUBMISSION

TIME DURATION: 3 Min

RULES & REGULATION

1. Participant can choose any Sufi song of their choice dedicating to God .
2. Participant should plan their performance within the given time frame.
3. The content **MUST** be recorded in landscape mode.
4. Appropriate costume should be worn by the participant.
5. Use the appropriate background music for the song.
4. The performance should be shared in the form of a YouTube link.
5. Editing is prohibited.

JUDGEMENT CRITERIA

- Swar & Taal
- Presentation
- Attire

EVENT IN CHARGE

MR VIBHUTI SHEKHAR MISHRA

vibhutishekhar.mishra@gw.balbharati.org

+91-8103918923

AD-MAD SHOW

THEME - EXPRESS YOUR CREATIVITY

CLASS- IX - X

NUMBER OF PARTICIPANTS - 01

MODE OF EVENT - ONLINE SUBMISSION

MEDIUM : ENGLISH

TIME DURATION: 2 TO 3 MINS

RULES & REGULATION

- 1. Participant has to produce advertisement for any cosmetic product/ service in a proper way which is quite appealing to audience.**
- 2. The ad prepared by the contestants must not contain any obscene words/any subject that hurts the feelings of a culture/language/religion/region.**
- 3. Participants required to come up with the innovative ideas based on their creativity**
- 4. The performance should be shared in the form of a Google drive link of the video of standard quality in MP4 format only.**
- 5. Submit the YouTube link of the performance through the submission link.**

JUDGEMENT CRITERIA

- Ability to highlight the idea of the product with minimum efforts.**
- Concept of ad**
- Voice modulation**
- Overall presentation**

EVENT IN CHARGE:

MS VINAYA NAIR

mvinaya.nair@gw.balbharati.org

7907040397

VERSIFICATION



THEME - NATURE

CLASS- IX - X

NUMBER OF PARTICIPANTS - 01

MODE OF EVENT - ONLINE SUBMISSION

MEDIUM : ENGLISH

RULES & REGULATION

- 1. Participant has to write a poem relevant to the theme .**
- 2. Poem should be the original work of the participant. Kindly avoid plagiarism.**
- 3. Poem Should be of minimum 20 lines and not exceed more than 30 lines. (excluding title)**
- 4. Student has to send the poem in PDF form through submission link.**

JUDGEMENT CRITERIA

- Relevance of theme**
- Writing conventions**
- Development of ideas**
- Clarity of imagery**

EVENT IN CHARGE:

MS VINAYA NAIR

mvinaya.nair@gw.balbharati.org

7907040397

NATURE'S ARTIST

THEME - ECO ART

CLASS- XI - XII

NUMBER OF PARTICIPANTS - 01

MODE OF EVENT - ONLINE SUBMISSION

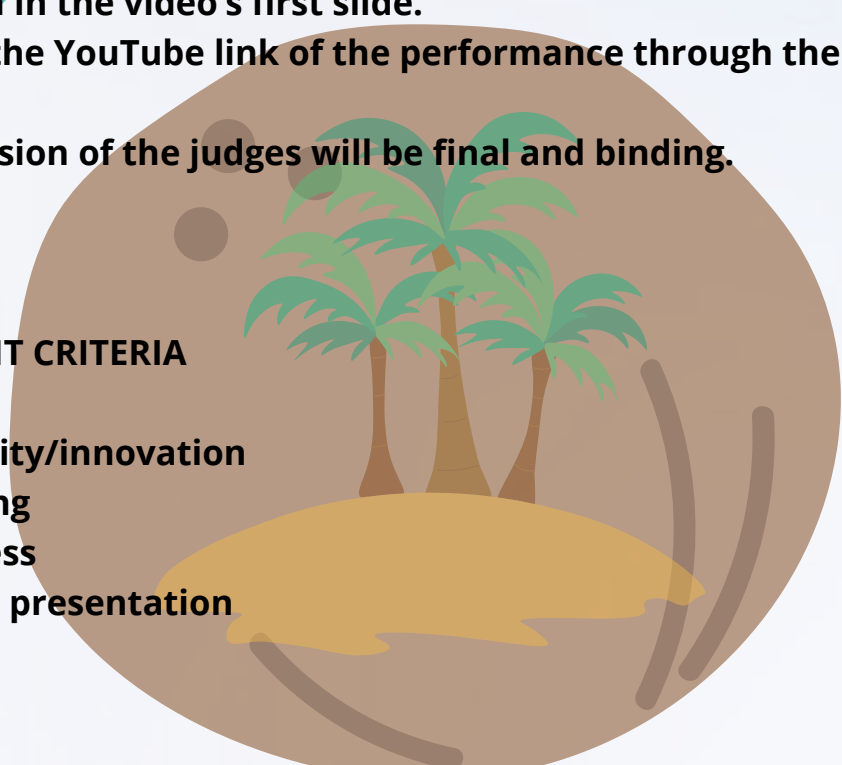
TIME DURATION: LESS THAN 3 MINS

RULES & REGULATION

1. Make a beautiful painting on coconut shell .
2. Students can use any kind of paints or colour to enhance the beauty and to show creativity in the painting.
3. Students have to make video in the time lapse without editing .
4. The school name, student name, class & event name must be mentioned in the video's first slide.
5. Submit the YouTube link of the performance through the submission link.
6. The decision of the judges will be final and binding.

JUDGEMENT CRITERIA

- Creativity/innovation
- Finishing
- Neatness
- Overall presentation



EVENT IN CHARGE:
KUMARI DIPTI RANI
dipti.rani@gw.balbharati.org
07869696405

EDUTECH

THEME - SUSTAINABLE DEVELOPMENT GOALS (SDG)

CLASS- XI - XII

NUMBER OF PARTICIPANTS - 02

MODE OF EVENT - ONLINE SUBMISSION

TIME DURATION: LESS THAN 5 MINS

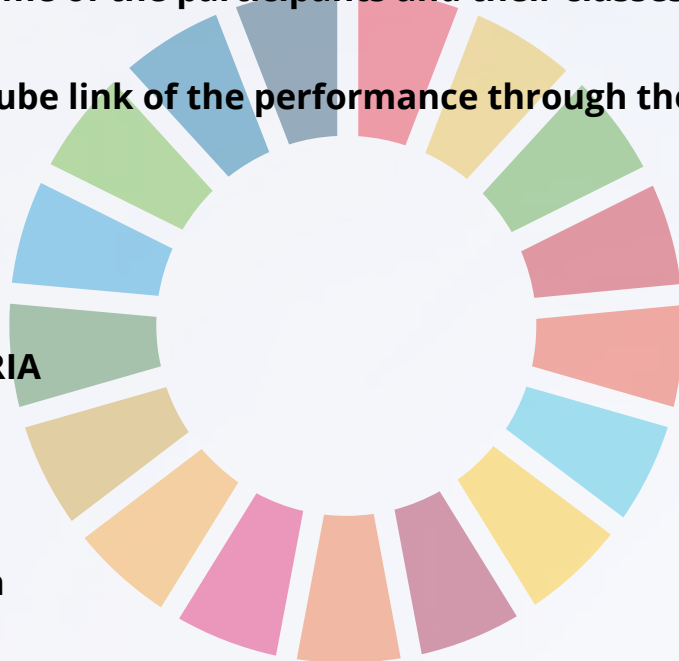
LANGUAGE : ENGLISH

RULES & REGULATION

1. Each team has to prepare a PPT explaining SDG minimum 8 and maximum 10 slides.
2. The PPT should include at least 3 major goals of SDG.
3. Students have to explain the slide one by one.
4. Students have to send the PPT and video including the School name, Event name and name of the participants and their classes on the first slide.
5. Submit the YouTube link of the performance through the submission link.

JUDGEMENT CRITERIA

- Content
- Visuals
- Layout & design
- Presentation



EVENT IN CHARGE:

MS AKANKSHA TRIPATHI/MR SHUBHAM BOSE

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ABHIVYAKTI

AN INTERSCHOOL COMPETITION

2023-24

BAL BHARATI PUBLIC SCHOOL

PO GANGAI, PS DONGARGAON, TEH GADARWARA, NARSINGHPUR MP 487770

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<https://m.facebook.com/bbps.gadarwara.1?fref=nf>



[BAL BHARATI PUBLIC SCHOOL GADARWARA - YouTube](#)